

eBulletin

Special Notice

December 13, 2018

Incentives to Get Fit in the New Year

We're pleased to tell you that our **Sweat Equity** physical fitness reimbursement program is now available to UnitedHealthcare members enrolled in New York large group (101+) plans, beginning with members of plans that renew or become effective in December 2018.

This program was also recently extended to our UnitedHealthcare members enrolled in New Jersey large group (51+) plans as of August 2018, upon renewal. As you are already aware, the Sweat Equity program is available for Oxford Members in New York, New Jersey and Connecticut.

How does the UnitedHealthcare Sweat Equity program work?

Eligible New York and New Jersey UnitedHealthcare members can get reimbursed up to \$200 in a six-month period¹ provided they meet the program requirement for completing 50 workouts in a six-month period.

This program offers many types of qualifying activities and the option to combine fitness facility visits with physical fitness classes to reach the required goal. The enclosed [overview flier](#) and [member claim form](#) provide more details on the program and reimbursement process.

Reminder: UnitedHealthcare Wellness Week.

UnitedHealthcare has teamed up with Chelsea Piers Fitness to host our inaugural **UnitedHealthcare Wellness Week**, a series of group exercise classes available to the public for only \$5 each.

- Wellness Week begins Monday, January 7 and runs through Sunday, Jan. 13, 2019 at Chelsea Piers facilities in Manhattan and Brooklyn.
- These \$5 classes may count toward reimbursement for qualifying members under Sweat Equity.
- Participants do not need to be a UnitedHealthcare or Oxford member, but must be at least age 16. To register, visit chelseapiers.com/unitedhealthcarewellnessweeks.

New discount on fitness apparel.

Looking for new workout clothes? UnitedHealthcare and Oxford members can now get

a 40 percent discount on Under Armour® apparel when purchasing through the following sites:

- uhcunderarmour.com
- oxfordunderarmour.com

If you have questions or would like more information on these programs, please contact your UnitedHealthcare sales representative. As always, we thank you for your continued business.

1 Reimbursement is generally limited to the lesser of \$200 (subscriber)/\$100 (covered spouse/partner) or the actual amount of the qualifying fitness costs per six-month period, but the reimbursement may vary by plan. Eligible members may submit a request for reimbursement once every six months. Note: All trademarks are the property of their respective owners.

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